

Junior Lifeguard Nippers Program

Dates: June 13th – 24th

Time: Monday – Friday 10:30 am to 2:00 pm

This program will consist of similar, yet modified activities and events provided by the longer Junior Lifeguard Program. The Nippers program will include swimming, running, paddle-boarding, ocean safety, and introductions to marine and beach education. All of the activities and events have been altered to coincide with the lower swim requirements and younger age requirement of the participants.

Nippers Calendar June 2011

June 13 Intro to Ocean swimming and Ocean Safety	June 14 Lifeguard Equipment Orientation	June 15 Introduction to Paddleboards	June 16 Marine Education and Into to Lifeguard games	June 17 Relay Competition Day
June 20 Training and Improvement Day	June 21 Paddleboard Adventure and Relay Day	June 22 Biathlon Day	June 23 Intro to Surf Rescues and Rescue Relays	June 24 Inter-Squad Competition